

# Program International Sugar Cup Speed Skating 2019

Zaterdag 3 augustus 2019 / Saturday 3<sup>th</sup> of August 2019

Start	Distance	Type	Category
11:00	300 m	Time trial 1e H	Youth
	300 m	Time trial 1e H	Seniors
	300 m	Time trial 1e H	Cadets ladies
	300 m	Time trial 1e H	Cadets men
Short break			
	300 m	Time trial 2e H	Youth
	300 m	Time trial 2e H	Seniors
	300 m	Time trial 2e H	Cadets ladies
	300 m	Time trial 2e H	Cadets men
Lunchbreak			
13:30	Club voorstelling / Team presentation		
	600 m	Inline	Miniemen
	800 m	Inline	Pupillen girls
	800 m	Inline	Pupillen boys
	1000 m	Inline	Scholieren girls
	1000 m	Inline	Scholieren boys
	1000 m	Inline	Liefhebbers/masters
	1000 m	Sprint	Youth
	1000 m	Sprint	Seniors
	1000 m	Sprint	Cadets ladies
	1000 m	Sprint	Cadets men
Break & Race non-competition			
	1200 m	Inline	Miniemen
	1600 m	Inline	Pupillen girls
	1600 m	Inline	Pupillen boys
	4000 m	Elimination	Scholieren mixed
	5000 m	Points	Liefhebbers/masters mixed
	5000 m	Premie points	Youth
	5000 m	Premie points	Seniors
	5000 m	Points	Cadets mixed
Short break			
	1 Lap	Chase	Miniemen
	2 Laps	Chase	Pupillen
	2 Laps	Chase	Scholieren

Chase = achtervolging

Miniemen – U9	°2013-2012-2011
Pupillen – U11	°2009-2010

Scholieren – U13	°2007-2008
Cadets – U15	°2005 -2006

Youth – U17	°2003-2004
Seniors	°2002 and earlier (+18)
Liefhebbers/masters	°2003 and earlier (+16)

Zondag 4 augustus 2019 / Sunday 4<sup>th</sup> of August 2019

Start	Distance	Type	Category
11:00	500 m	Sprint	Youth
	500 m	Sprint	Seniors
	500 m	Sprint	Cadets ladies
	500 m	Sprint	Cadets men
Short break			
	200m	Dobbin Sprint	Youth & Seniors
	200m	Dobbin Sprint	Cadets
Lunchbreak			
13:30	400 m	Pick up race	Miniemen
	100 m	Time trial	Pupillen girls
	100 m	Time trial	Pupillen boys
	100 m	Time trial	Scholieren girls
	100 m	Time trial	Scholieren boys
	2400 m	Inline	Liefhebbers/masters
	3000 m	Inline	Cadets ladies
	3000 m	Inline	Cadets men
	4000 m	Inline	Youth
	5000 m	Inline	Seniors
Break & Reverse Race non-competition			
	500 m	Inline	Miniemen
	1000 m	Inline	Pupillen girls
	1000 m	Inline	Pupillen boys
	2000 m	Inline	Scholieren girls
	2000 m	Inline	Scholieren boys
	5000 m	Inline	Liefhebbers/masters
	3000 m	Elimination	Cadets mixed
	3000 m	Elimination	Youth & Seniors
Short break			
	1000 m	Inline	Miniemen
	2000 m	Points	Pupillen girls
	2000 m	Points	Pupillen boys
	3000 m	Points	Scholieren mixed

Zaterdag wordt afgesloten met een avond programma / Saturday evening there will be an evening program